



Ahmed Emara

Mental Health & Bioenergy Consultant

1977-06-01 - Egyptian - Egypt

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Who is Ahmed Emara

Dr. Ahmed Emara is a prominent Egyptian mental health and bioenergy consultant, known for his unique approach that integrates modern psychology with the principles of bioenergy and Quranic contemplation for self-development and inner healing. He is the founder and chairman of several international educational and training platforms, most notably Emara Academy in the USA, the Emara Foundation for Consultants and Training in Cairo, and Al Naeem Training Center in Dubai. Through these institutions, he offers specialized courses such as "BioEnergy & Self-Healing," "The Power of Word and Thought," and "Laws of Deservingness," designed to empower individuals to take control of their lives and achieve abundance and happiness. Raised in a family that valued religious sciences—his father being a scholar in religious issues—influenced his direction towards exploring the Quran for the secrets to a good life. In his lectures and over 300 television appearances, Dr. Emara focuses on concepts like the law of attraction, chakras, and clearing the energetic field. He has trained over half a million people worldwide, including government officials and business leaders.

Achievements of Ahmed Emara

Dr. Ahmed Emara founded "Emara Academy," a global online platform offering in-depth training courses in mental health and bioenergy to his worldwide following. The academy has successfully reached thousands of participants from various nationalities, featuring popular programs like "Penetrating the Energy Field" and "Addicted to Success." In 2012, Dr. Emara received the Order of Merit in Excellence as the Most Influential Coach for Arab Youth from Waldenburg International College in London. This honor recognized his efforts in spreading awareness and providing consultations that have positively impacted the lives of a broad segment of youth in the Arab world. He has appeared in over 300 live television shows on prominent Arab channels and delivered more than 400 public lectures. Through his extensive media presence, he has trained over 500,000 people globally, cementing his position as one of the region's leading motivational speakers.

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