



Amani Mohammed

Certified Fitness Coach & Content Creator

Saudi - Saudi Arabia

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Who is Amani Mohammed

Amani Mohammed, widely known as "Fitness Nani," is an internationally certified Saudi fitness coach and influential content creator specializing in fitness and healthy lifestyles. Amani has built a strong presence on social media platforms like YouTube and Instagram, where she dedicates her efforts to simplifying fitness concepts and making them accessible to everyone, particularly beginners. Her YouTube channel is notable for offering free, comprehensive weekly workout schedules that can be performed at home without expensive equipment, reflecting her philosophy that fitness should be an easy and enjoyable part of daily life. Amani's content focuses on providing clear instructions and practical advice on how to start a healthy fitness journey, covering various goals such as fat burning, body toning, and muscle sculpting. Through her encouraging and motivational style, she has successfully built a large community of followers who rely on her programs to achieve their health goals and adopt a better lifestyle. Amani holds an international coaching certification from the International Fitness Professionals Association (IFPA), which lends a scientific basis and professional credibility to her content.

Achievements of Amani Mohammed

Amani Mohammed earned an international certification as a fitness coach from the International Fitness Professionals Association (IFPA). This certification equips her with the knowledge and expertise to provide safe and effective training programs, enhancing her followers' trust in her content. She has successfully established a strong personal brand, "Fitness Nani," across multiple platforms, becoming one of the most prominent fitness content creators in Saudi Arabia. Through her channels, she provides free weekly workout schedules, which has helped her reach a broad segment of the Arabic-speaking audience looking for reliable at-home fitness solutions.

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