



Ayah Salman

Writer & Founder of Creative Expression Platforms

Egyptian - Egypt

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Who is Ayah Salman

Ayah Salman is an Egyptian writer and content creator specializing in expressive writing and self-reflection. Her philosophy is centered on the power of writing as a tool for self-exploration and achieving psychological balance, a theme consistently reflected in her content which blends personal storytelling with meditative exercises. Ayah has founded communities and platforms aimed at empowering individuals to use writing as a means to process their emotions and document their experiences. Through her primary project, "Script Away," Ayah offers workshops and sessions on expressive writing, guiding individuals to write and make peace with their own stories. She also founded "Nafs Community," a community focused on journeys of self-discovery and personal growth. Her content is characterized by its depth and tranquility, as she shares her thoughts and experiences in an inspiring literary style, encouraging her followers to express themselves with honesty and courage, away from the pressures of direct communication.

Achievements of Ayah Salman

Ayah Salman founded "Script Away," a platform dedicated to expressive writing. The platform aims to help individuals transform their feelings and experiences into written text, offering workshops and interactive sessions that teach the art of storytelling as a method for personal growth and self-healing. She also launched the "Nafs Community" initiative, a safe space and supportive community for those interested in journeys of self-awareness and discovery. Through this community, Ayah organizes events and meetings that foster deep human connection and encourage the sharing of personal stories and experiences in a positive environment.

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