



Dr Abdulaziz AlRasheed

Consultant Plastic & Burn Surgeon

Kuwaiti - Kuwait

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Who is Dr Abdulaziz AlRasheed

Dr Abdulaziz AlRasheed is one of Kuwait's leading Consultant Plastic & Burn Surgeons and a prominent Arab physician renowned for combining advanced scientific expertise with world-class clinical skill. Born on March 28, 1978, Dr Abdulaziz is a Kuwaiti national. He earned his MB BCh from the Royal College of Surgeons in Ireland in 2002, followed by a Professional Doctorate in Plastic & Burn Surgery from University Hospital Cologne, Germany in 2013, and completed a Fellowship in Hand & Reconstructive Surgery at University of Bonn, Germany in 2014. Throughout his career, he has earned medical qualifications in Germany, the UK, Colombia, and Scotland, establishing himself as a distinguished name in reconstructive and aesthetic surgery. Dr Abdulaziz brings over 20 years of experience in plastic, reconstructive, burn, and hand surgery. He holds permanent licenses as a Specialist Physician in the UK and Ireland (2013) as well as permanent specialist licensure in Germany (2013). He is an active member of several elite international societies, including the German Society of Plastic, Reconstructive and Aesthetic Surgeons DGPRAC, International Society of Aesthetic Plastic Surgery (ISAPS), European Society of Plastic, Reconstructive and Aesthetic Surgery (IPRAS), and the European College of Aesthetic Plastic Surgeons (ECAPS), in addition to the Kuwait Medical Association and Kuwait Association of Plastic Surgeons. He has also served as a Visiting Professor at King Hamad Hospital in Bahrain and Athena Hospital in Greece, reflecting his international standing and recognition by leading institutions. Dr Abdulaziz AlRasheed has earned over 41 advanced training certificates in plastic, burn, and reconstructive surgery, and has been an invited speaker at more than 23 international scientific conferences. He is recognized as a pioneer in developing innovative surgical techniques in body contouring, skin tightening, and microsurgical reconstruction, with several of his methods adopted by surgeons worldwide. Dr Abdulaziz is also a core member of INTERPLAST Germany, participating in humanitarian medical missions to treat war victims in Kenya, India, Jordan, Lebanon, and Turkey, combining surgical excellence with humanitarian commitment. As a trailblazer in comprehensive aesthetic surgery in Kuwait, Dr Abdulaziz expertly performs a wide range of procedures, including 4D body sculpting, belt lipectomy, full body lifts, liposuction, gluteal augmentation, autologous fat transfer, all types of breast surgery, and gynecomastia surgery for men. Thanks to his advanced techniques and meticulous surgical planning, he is the first choice for patients seeking safe, optimal results that meet the highest international standards. In addition to his surgical practice, Dr Abdulaziz serves as Medical Director of Reform Clinic, where he leads a specialized medical team

and delivers a treatment vision grounded in innovation, expertise, and professional responsibility.

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