



Dr. Abdulrahman Alsahabi

Consultant Plastic, Reconstructive & Body Contouring Surgeon

Saudi - Saudi Arabia

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Who is Dr. Abdulrahman Alsahabi

Dr. Abdulrahman Alsahabi is a prominent Saudi consultant in plastic and reconstructive surgery with over 14 years of extensive experience. He specializes in breast surgery and body contouring, a field in which he holds a distinguished French fellowship. Dr. Alsahabi practices at leading medical institutions in Riyadh, including Dr. Mohamed Fakeeh Hospital and Prince Sultan Military Medical City (PSMMC), where he also serves as the Training Director for the plastic surgery department. Dr. Alsahabi is known for utilizing the latest surgical technologies, such as 360-degree body contouring, Vaser and laser liposuction, and the innovative "Mia®" technique for breast procedures, which aims for harmonious results with minimal surgical intervention. His expertise covers a wide range of procedures, including tummy tucks, post-pregnancy makeovers, and body lifts after significant weight loss. He is also committed to public education, frequently appearing on media platforms like Rotana Khalijia's "Sayyidaty" program and the "Oyada Podcast" to discuss motivations for cosmetic surgery and the importance of realistic patient expectations.

Achievements of Dr. Abdulrahman Alsahabi

Dr. Alsahabi holds the position of Director of Training for Plastic Surgery at the Prince Sultan Military Medical City in Riyadh, a key leadership role that underscores his expertise and responsibility in training the next generation of plastic surgeons in the Kingdom. He is a certified surgeon for the Mia Femtech™ procedure, an advanced breast surgery technique designed to achieve a harmonious and balanced look with minimal surgical intervention and a small, hidden scar, offering patients a modern alternative to traditional, more invasive surgeries. Dr. Alsahabi has an influential media presence, appearing as an expert on prominent television programs like "Sayyidaty" on Rotana Khalijia and guesting on podcasts such as "Oyada Podcast." He uses these platforms to discuss cosmetic trends, patient psychology, and the importance of making informed decisions about aesthetic procedures.

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