



## Dr Adel Quttainah

Plastic Surgeon & Kuwaiti Entrepreneur

Kuwaiti - Kuwait

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## Who is Dr Adel Quttainah

Dr Adel Quttainah is one of the most prominent plastic surgeons in Kuwait and the region, recognized as a leading and influential figure in the field of cosmetic surgery across the Gulf and the Arab world. With over twenty years of international experience, he trained in Ireland at University College Cork, as well as in Canada, Brazil, and the Middle East. Dr Adel holds a full fellowship in plastic surgery and is widely regarded as the top plastic surgeon in Kuwait and Dubai, attracting patients seeking natural, precise results based on the highest international standards. As the Founder & CEO of Quttainah Medical Group, he has established a network of advanced medical centers in Kuwait, Dubai, and Qatar, continuing his pioneering role in advancing the regional healthcare sector.

Dr Adel Quttainah's impact extends beyond medicine into culture, history, and the arts. He is the owner of the largest private medical museum in the Gulf, featuring over 400 rare historical pieces, including medical manuscripts over 500 years old, surgical tools from World War II, and unique artifacts from Islamic medical history. He is also passionate about art, engineering, and design, and owns one of the region's rarest collections of luxury and classic cars. As the founder of the "Foundation of Hope" charity initiative, he provides consultations, surgeries, and support to those in need, underscoring his deep commitment to social and humanitarian responsibility. This unique blend of medical innovation, institutional leadership, cultural heritage, and humanitarian work makes Dr Adel Quttainah an exceptional figure redefining the future of plastic surgery and elevating healthcare standards across the region.

## Achievements of Dr Adel Quttainah

Dr Adel Quttainah has an outstanding medical record, with thousands of successful surgeries worldwide. He is renowned for combining surgical precision with artistic vision to achieve natural, balanced transformations of the face and body. He was among the first surgeons to introduce advanced techniques in facelifts, body contouring, and microsurgery, in addition to his distinguished expertise in reconstructive surgery. Dr Adel serves as a visiting surgeon and international lecturer at major plastic surgery conferences, and is the founder of the Quttainah Training Institute, an international center for training doctors and developing surgeons' skills in the Middle East. His experience includes work at leading medical institutions such as Saad Specialist Hospital, Babbain Center for Plastic Surgery, and advanced surgeries in Canada and Brazil. Dr Adel has founded several leading medical institutions, including: Quttainah Medical Centre

- Kuwait (2012 - 2020) Quttainah Specialized Hospital - Dubai (2021) Quttainah Medical Centre - Qatar (2022) These establishments embody a comprehensive vision that integrates advanced technology, clinical expertise, and educational innovation. QSH Dubai is also an international training center hosting live workshops, fellowship programs, and lectures to prepare future doctors in aesthetics, dermatology, and gynecology. Through his medical institutions, Dr Adel has demonstrated unique leadership in raising the standards of plastic surgery and developing a medical education system that shapes new generations of surgeons to the highest global standards.

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