



Dr.Fajer Aljumairi

Bahraini Functional Medicine & Public Health Physician

Bahraini - Bahrain

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Who is Dr.Fajer Aljumairi

Dr. Fajer Aljumairi is a pioneering Bahraini physician specializing in Functional Medicine and Public Health in the Middle East. With over 18 years of experience, she has dedicated her career to helping thousands of clients worldwide heal from chronic illnesses by adopting a root-cause approach. She lived in the United States for 10 years, where she immersed herself in advanced studies and research. Dr. Aljumairi employs a holistic methodology that merges cutting-edge science with natural healing principles, focusing on the critical relationship between food, lifestyle, and overall health. Through her official website, she offers specialized consultations and treatment protocols for complex conditions such as Irritable Bowel Syndrome (IBS), Small Intestinal Bacterial Overgrowth (SIBO), Polycystic Ovary Syndrome (PCOS), Hypothyroidism, and autoimmune diseases. She also serves as a wellness expert for the global platform iHerb and is an active voice on social media, promoting health awareness.

Achievements of Dr.Fajer Aljumairi

Dr. Fajer Aljumairi has established a thriving functional medicine practice, successfully guiding thousands of clients from around the world toward healing from chronic diseases. Her approach, which centers on lifestyle modification and therapeutic nutrition, has resulted in significant health transformations for her patients. As a recognized wellness expert for the global e-commerce platform iHerb, Dr. Aljumairi contributes specialized articles and insights on nutritional supplements and natural health, highlighting the international trust in her expertise. She also has a significant media presence, including appearances on television programs like "Shai Al-Duha" to discuss critical topics such as the role of nutrition in strengthening the immune system.

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