



Dr Hanin Daoud

Internal Medicine and Obesity Medicine Physician

Jordanian - United States

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Who is Dr Hanin Daoud

Dr. Hanin Daoud is a Jordanian physician specializing in Internal Medicine and Obesity Medicine, currently based in the United States. She is double board-certified by the American Board of Internal Medicine and the American Board of Obesity Medicine and has over 11 years of medical experience. After graduating from the Faculty of Medicine at the University of Jordan, she moved to the U.S. to pursue her specialization. Dr. Daoud's practice and digital content focus on treating lifestyle-related conditions such as diabetes, insulin resistance, and hypertension by emphasizing dietary modifications and lifestyle changes over solely relying on medication. She is known for her educational approach, which aims to empower patients to understand the root causes of their conditions and reclaim their health through practical, well-researched steps. Dr. Daoud runs a personal website offering workshops and guides on topics like intermittent fasting and metabolic flexibility, and she actively shares medical advice and insights across her social media platforms.

Achievements of Dr Hanin Daoud

Dr. Hanin Daoud has achieved dual board certification from both the American Board of Internal Medicine and the American Board of Obesity Medicine. This accomplishment signifies adherence to the highest standards of medical practice and expertise in the United States, reflecting her commitment to specializing in complex metabolic and weight-related health conditions. She has successfully established a significant and trusted presence as a medical content creator online. Through her digital platforms and workshops, she provides specialized, evidence-based content on insulin resistance, metabolic health, and intermittent fasting, effectively educating a large Arabic-speaking audience. She has been a featured guest on prominent podcasts, such as the "ROOM301 PODCAST," to share her in-depth knowledge on these subjects.

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