



Dr Kareem Ali

Physician, Therapeutic Nutrition Expert, and Founder of 'Fekr Tany'

1976-10-31 - Egyptian - United Arab Emirates

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Who is Dr Kareem Ali

Dr. Kareem Ali is an Egyptian physician and a leading health awareness entrepreneur, recognized as one of the most prominent Arab medical figures online. He graduated from the Faculty of Medicine at Al-Azhar University in 2001 and later earned his Ph.D. in Clinical Toxicology and Forensic Medicine from the same institution in 2013. Further expanding his expertise, he obtained a Master's degree in Family Medicine from the University of Oradea in Romania and has undertaken extensive studies in therapeutic nutrition. After practicing medicine in Egypt, Dr. Ali moved to Europe and is currently based in Dubai, United Arab Emirates. He is the founder of the "Fekr Tany" (A Second Thought) platform, which has grown into one of the largest Arabic health platforms on the internet. His mission is to disseminate medical awareness in a simplified and unconventional manner. Through his multiple YouTube channels and social media presence, he focuses on integrative and functional medicine, advocating for understanding the root causes of diseases and adopting healthy lifestyles. His approach, which combines modern medicine, proper nutrition, and mental well-being, has impacted millions of followers worldwide. He also serves as an ambassador for the United Nations Foundation, using his platform to support global humanitarian initiatives.

Achievements of Dr Kareem Ali

Dr. Kareem Ali founded the "Fekr Tany" health awareness platform, which has evolved into a leading Arab health community online, attracting millions of followers across YouTube and other social media channels. The platform is dedicated to simplifying complex medical concepts for the general public. He is the author of the "Fekrtany Encyclopaedia," a multi-volume book series covering diverse topics in health, nutrition, and functional medicine. Several volumes have been published, including titles like "Searching for the Origin of Disease" and "Healthy Diets and Their Types," becoming a key resource for his followers. Dr. Ali was selected to serve as an ambassador for the United Nations Foundation (UNF), reflecting his international influence and commitment to global health and humanitarian causes. He leverages his platform to support initiatives such as the "No Mercy For Malaria" program, extending his impact beyond digital content.

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