



Dr.Khalid Yossef

Consultant in Clinical Nutrition, Obesity & Thinness Treatment

Egyptian - Egypt

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Who is Dr.Khalid Yossef

Dr. Khalid Yossef is a prominent Egyptian consultant specializing in clinical nutrition, obesity and thinness treatment, and body contouring. He possesses extensive experience in designing personalized and therapeutic nutritional programs tailored to various health conditions, utilizing the latest scientific methods to help clients achieve their goals safely and sustainably. Dr. Yossef has established a network of specialized clinics across Greater Cairo, with branches in Mohandessin, Nasr City, 6th of October, and Sheikh Zayed, to serve a broad client base. Renowned as a pioneer of weight-loss campaigns in Egypt, he maintains a strong media presence, hosting specialized nutrition programs on several satellite TV channels to spread nutritional awareness and provide practical advice to the public. His methodology focuses on correcting detrimental dietary behaviors that lead to chronic diseases. He offers integrated solutions that extend beyond weight loss to include the treatment of underweight conditions and nutrition-related illnesses like diabetes and insulin resistance.

Achievements of Dr.Khalid Yossef

Dr. Khalid Yossef is widely known as the "Pioneer of Weight-Loss Campaigns in Egypt." Through his media programs and clinics, he has been instrumental in promoting a culture of healthy nutrition and has assisted thousands of individuals in achieving their ideal weight, earning him significant recognition in Egypt and the Arab world. Dr. Yossef has an influential media presence, having hosted and continuing to host specialized nutrition and public health programs on various satellite television channels. Through these platforms, he shares innovative diet plans and health tips, establishing himself as a trusted authority for viewers seeking a healthier lifestyle. He has successfully founded and manages a network of specialized clinics under his name in key areas of Greater Cairo. These centers provide comprehensive solutions for obesity, thinness, and body contouring, relying on the latest technologies and scientific approaches in the field of clinical nutrition.

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