



## Dr. Mehmet Esmer

Internal Medicine Physician, Medical Director & Health Educator

Syrian - Turkey

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## Who is Dr. Mehmet Esmer

Dr. Mehmet Esmer is a Syrian internal medicine physician who serves as the Medical Director at Al Madina Health Center in Fatih, Istanbul, a position he has held since 2021. Dr. Esmer holds a unique dual academic background, having begun his medical studies at the University of Aleppo, Syria (2007-2013) before relocating to Turkey, where he earned his medical degree from the English Faculty of Medicine at Istanbul University's renowned Cerrahpaşa Hospital in 2017. Following his graduation, he worked at Beylikdüzü State Hospital in Istanbul from 2017 to 2021, gaining extensive practical experience in emergency medicine, ambulance services, and internal diseases. Alongside his clinical practice, Dr. Esmer has become a prominent and influential voice in health education through social media. He focuses on simplifying complex medical information and presenting it in Arabic to the Arab community in Turkey and worldwide, aiming to build a bridge of trust between doctors and patients and to combat medical misinformation. He regularly appears on television and radio programs to discuss critical health topics, such as preventive measures for chronic diseases and the importance of early cancer detection.

## Achievements of Dr. Mehmet Esmer

Dr. Mehmet Esmer holds the position of Medical Director at Al Madina Health Center in Fatih, Istanbul, where he oversees medical operations and contributes to providing healthcare services to the local community. He has successfully built a bridge with the Arab community in Turkey, using his digital platforms to offer reliable medical advice and consultations in an accessible language. Dr. Esmer is a trusted medical guest on various Arabic-speaking media outlets, participating in television and radio shows to raise health awareness. He has appeared on channels like Syria TV and Belqees TV to discuss vital topics such as Crush Syndrome, the importance of early breast cancer detection, and AIDS prevention, reflecting his active role as a public health educator.

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