



Dr. Mohamed Saad

Clinical Nutrition and Physical Therapy Specialist

Egyptian - Egypt

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Who is Dr. Mohamed Saad

Dr. Mohamed Saad is a prominent Egyptian specialist who uniquely combines the disciplines of clinical nutrition and physical therapy. He holds a Master's degree in Physical Therapy and a Diploma in Clinical Nutrition from Cairo University, providing him with a comprehensive approach to treating obesity, underweight conditions, and body contouring. Dr. Saad is the founder of "MS Clinics," a chain of specialized clinics with multiple branches across Greater Cairo, including Dokki, Faisal, Giza, and Tersa. His practice focuses on providing integrated, non-surgical solutions for weight management and body sculpting. He utilizes the latest international technologies and devices, such as cryolipolysis (fat freezing), cavitation, and radio frequency for skin tightening, alongside mesotherapy injections. Dr. Saad offers customized treatment programs that extend beyond weight loss to include healthy weight gain and weight stabilization plans after reaching the ideal target. Leveraging his dual expertise, he integrates muscle strengthening and physical rehabilitation into his plans to ensure sustainable results. He is an active member of the Egyptian Medical Association for the Study of Obesity (EMASO) and the Egyptian Arabic Society for Healthy and Therapeutic Nutrition (EASHTN).

Achievements of Dr. Mohamed Saad

Dr. Mohamed Saad founded the "MS Clinics" chain, specializing in nutrition and physical therapy. He successfully expanded his practice by opening several branches in key areas of Giza and Greater Cairo, meeting the growing demand for his integrated services. He is distinguished by his approach of merging physical therapy expertise with clinical nutrition. This allows him to offer unique programs that go beyond simple weight loss to include body contouring, muscle strengthening, cellulite treatment, and skin tightening using state-of-the-art non-surgical devices, positioning him as a pioneer in this integrated field. Dr. Saad holds memberships in reputable medical organizations, including the Egyptian Medical Association for the Study of Obesity (EMASO) and the Egyptian Arabic Society for Healthy and Therapeutic Nutrition (EASHTN), reflecting his commitment to professional standards and continuous learning.

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