



Dr. Nizar Al-Salahat

Consultant Orthopedic Surgeon & Regenerative Medicine Pioneer

Jordanian - Jordan

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Who is Dr. Nizar Al-Salahat

Dr. Nizar Al-Salahat is a Jordanian Consultant Orthopedic Surgeon specializing in fractures and joint surgery, and is recognized as a global pioneer in the field of regenerative medicine. His practice focuses on treating osteoarthritis and sports injuries using innovative techniques with autologous stem cells derived from adipose tissue. He founded his specialized clinics in Amman, Jordan, offering state-of-the-art therapeutic solutions for various joint conditions affecting the knee, hip, and shoulder. Before returning to Jordan, Dr. Al-Salahat gained extensive international experience, notably as the Head of the Orthopedic Surgery Department and Regenerative Medicine Unit at the American-Pacific Medical Group International Hospital in Beijing, China. During his tenure there, he dedicated his efforts to developing a unique technique that combines arthroscopy with stem cell injections. This method has proven effective in rebuilding and regenerating damaged cartilage, earning him international acclaim. Dr. Al-Salahat is also active in medical education through social media and television appearances on prominent channels like MBC and Al Jazeera, sharing his research and expertise to advance this promising medical field.

Achievements of Dr. Nizar Al-Salahat

Dr. Nizar Al-Salahat was awarded the "Best Medical Practice" award for 2016 by the European Medical Association (EMA) in collaboration with Oxford University and the Socrates Nomination Committee. This prestigious award recognized his published research and innovative technique in regenerative medicine, which combines arthroscopy with the injection of autologous adipose-derived stem cells. Dr. Al-Salahat is a pioneer in developing and applying the technique of "Arthroscopy followed by injection of Stromal Vascular Fraction (SVF) rich in stem cells." This procedure aims to clear mechanical impediments within the joint while preserving as much healthy tissue as possible, which is then stimulated to regenerate via the injection of regenerative cells. This approach has shown significant success in treating meniscal tears and osteoarthritis, enabling many athletes to return to their sports in record time.

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