



Dr Sara Al Nahas

Educational Expert and Early Childhood Development Specialist

Syrian - Syria

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Who is Dr Sara Al Nahas

Dr. Sara Al Nahas is a Syrian researcher, academic, and influential figure in modern parenting and early childhood development across the Arab world. Her educational philosophy is heavily based on the theory of "Multiple Intelligences," which she utilizes as a primary framework for understanding children's behavior and tailoring learning approaches. With over 15 years of experience in education and humanitarian work, she has dedicated her career to making a positive impact on the lives of children and families. Dr. Al Nahas is the founder of Toddily, a kindergarten in Damascus recognized for being one of the first to implement a modern curriculum centered on play-based learning, emotional management, and the development of multiple intelligences. Between 2011 and 2016, she focused her efforts on humanitarian aid, educating war-affected children in Syria and conducting specialized workshops for parents. This work was carried out in collaboration with international organizations, most notably UNESCO through the "Second Chance" program. In addition to her fieldwork, Dr. Al Nahas is a prominent educational content creator. She shares her expertise and practical parenting strategies with millions of mothers through social media and specialized programs, including a notable collaboration with the platform "Spacatoon Mum." Her content focuses on providing realistic solutions and easy-to-implement plans for integrating modern educational techniques into the home environment, aiming to build healthy and secure parent-child relationships.

Achievements of Dr Sara Al Nahas

Dr. Sara Al Nahas founded Toddily kindergarten in Damascus, a pioneering educational institution that applies a modern curriculum focused on play, emotional management, and the theory of multiple intelligences, establishing it as an innovative model for early childhood education in the region. Between 2011 and 2016, she worked extensively with children affected by the war in Syria. In collaboration with UNESCO's "Second Chance" program, she provided education for children and specialized workshops for their parents, contributing significantly to educational and psychological support in exceptional circumstances. She has successfully shared her educational expertise with millions of mothers across the Arab world through digital content, workshops, and lectures. Dr. Al Nahas has directly overseen the education and training of over 26,000 children, reflecting the wide-reaching impact of her work.

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