



Dr. Sarah Musleh

Consultant Endocrinologist, Diabetes & Metabolism

Saudi - United States

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Who is Dr. Sarah Musleh

Dr. Sarah Musleh is a board-certified consultant endocrinologist with over 14 years of experience specializing in endocrinology, diabetes, and metabolism. She has a dedicated focus on women's hormonal health, particularly addressing the challenges of perimenopause and menopause. Dr. Musleh is passionate about empowering women with reliable medical knowledge to help them understand their bodies and make informed health decisions with confidence. She is the co-founder of Anzarahealth, a telehealth platform, and operates her practice in Miami, Florida, offering both in-person and virtual consultations. Her areas of expertise include managing conditions such as thyroid disorders, Polycystic Ovary Syndrome (PCOS), insulin resistance, diabetes, and obesity. Previously, Dr. Musleh served as a consultant endocrinologist at Kaiser Permanente in Hawaii. She is licensed to practice medicine in Florida, New York, and Hawaii and is affiliated with Mount Sinai West.

Achievements of Dr. Sarah Musleh

Dr. Musleh completed a prestigious fellowship in Endocrinology, Diabetes & Metabolism at New York University (NYU). This advanced training from a leading medical institution underscores her high level of specialization and expertise in the field. As a co-founder of Anzarahealth, Dr. Musleh has pioneered a telehealth company dedicated to providing remote medical care. This venture expands access to specialized hormonal health consultations for women globally, breaking down geographical barriers to expert care. She has contributed to the medical field by co-authoring 3 peer-reviewed articles. This involvement in clinical research highlights her commitment to advancing medical knowledge and contributing to the scientific community in her specialty.

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