



Fatma Abbas

Al Baraa Mahmoud (Fatma Abbas) - Certified Montessori Guide & Positive Discipline Educator

1989 - Egyptian - Egypt

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Who is Fatma Abbas

Al Baraa Mahmoud, legally named Fatma Abbas, is an Egyptian educational guide specializing in early childhood development. She has established herself as a prominent figure in promoting modern parenting methodologies across the Arab world. Operating under her professional name, Al Baraa, she utilizes social media platforms to deliver educational content centered on two core approaches: the Montessori method and Positive Discipline. Her work, which includes online consultations and workshops, is aimed at parents and educators seeking to effectively implement these strategies at home. Through her YouTube and Instagram channels, Al Baraa shares practical activities and tips for creating a supportive and independent home environment based on Montessori philosophy. She also emphasizes building healthy parent-child relationships grounded in the principles of Positive Discipline, which focuses on mutual respect and encouragement. Her approach combines the scientific accuracy of her certified training with a simple, accessible presentation style, making her a trusted resource for thousands of Arabic-speaking families aiming to raise their children in a conscious and nurturing way.

Achievements of Fatma Abbas

Al Baraa Mahmoud holds internationally recognized certifications that provide significant credibility to her work. She is a Certified Montessori Guide for the 0-6 age group and a Certified Positive Discipline Educator. These qualifications ensure that her guidance and content are based on global standards and proven educational philosophies. She has successfully built a strong and influential personal brand online, becoming a key resource for parenting and educational information in the Arabic language. Through her platforms, she offers a comprehensive suite of services, including private educational consultations and specialized workshops that equip parents with practical, well-researched tools to handle daily parenting challenges.

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