



Gouda Awwad

Consultant in Clinical Nutrition and Immunology

1960-01-04 - Egyptian - Egypt

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Who is Gouda Awwad

Dr. Gouda Mohamed Awwad is an Egyptian physician specializing in clinical nutrition, immunology, and chronic diseases. Born on January 4, 1960, in Benha, Qalyubia Governorate, Dr. Awwad has a career spanning over two decades, combining medical practice with health-focused media content. He began his television appearances in 1985 and has become widely known for his programs and videos on therapeutic nutrition and alternative medicine, gaining a significant following on social media platforms like YouTube and Facebook. Through his content, Dr. Awwad offers advice and natural remedies for a variety of conditions, including diabetes, liver disease, digestive issues, and arthritis. In addition to his media presence, he operates clinics in Cairo's Ramses and Shubra El Kheima areas, as well as in 6th of October City. He is a founding member of the Egyptian Society for Bee Products Therapy and a member of the Society of Scientific Miracles in the Quran and Sunnah. Some of his treatment methods have sparked controversy within the medical community, leading to disciplinary actions from the Egyptian Medical Syndicate.

Achievements of Gouda Awwad

Dr. Gouda Awwad has authored and published several books on clinical nutrition and alternative medicine, aimed at educating the public on the importance of food in prevention and treatment. His most notable works include "The Food Pharmacy," "Nutritional Prescriptions," "Heal Yourself from Chronic Diseases," and "Miracles in Bee Product Therapy." These books have become popular among those interested in natural health solutions. Since 1985, Dr. Awwad has established a strong and continuous media presence, hosting various television programs like "El Helw Eh" and "Simplifying Medicine (Al-Hakeem)." He has also successfully built influential digital platforms on YouTube and Facebook, where he regularly delivers lectures and live sessions, helping to disseminate his health concepts and advice widely across the Arab world. Dr. Gouda Awwad is a founding member of the Egyptian Society for Bee Products Therapy, reflecting his early and specialized interest in this form of natural treatment. He is also a member of the Society of Scientific Miracles in the Quran and Sunnah, through which he seeks to connect religious texts with scientific health concepts.

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