



Hanan Alqattan

Islamic Preacher, Psychological & Educational Consultant

Kuwaiti - Kuwait

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Who is Hanan Alqattan

Dr. Hanan Alqattan is a prominent Kuwaiti figure who combines Islamic preaching with psychological and educational counseling. She is the founder and head of the Aman Center for Psychological and Social Consulting, which provides support and guidance to families and individuals. Her methodology centers on integrating Islamic teachings with modern psychological theories, offering a holistic approach to solving family and educational challenges. Dr. Alqattan is highly active on social media platforms, where she delivers rich and diverse content, including lectures, workshops, and specialized training courses. Her content focuses on issues such as marital relationships, parenting, self-development, and mental health from a contemporary Islamic perspective. She has also authored several books discussing important social issues and is a frequent guest expert on television and radio programs, making her an influential and trusted voice in family counseling in Kuwait and the Arab world.

Achievements of Hanan Alqattan

Dr. Hanan Alqattan founded the Aman Center for Psychological and Social Consulting in Kuwait, a specialized institution that provides psychological, family, and educational counseling services. The center has become a key resource for many families seeking to improve their quality of life and relationships. She has authored a series of books that address sensitive social issues, including "The Second Wife between Sharia and Reality" and a book on "Divorce." In her writings, she provides in-depth analysis and practical solutions based on her expertise in both Islamic law and psychology. Dr. Alqattan has developed and delivered numerous training courses and specialized programs aimed at empowering individuals, couples, and parents with practical tools to enhance their relationships and life skills. Her programs on pre-marital preparation and the art of dealing with teenagers are among her most notable works.

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