



Huda Alkhatib

Consciousness Coach & Holistic Healing Practitioner

Jordanian - Jordan

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Who is Huda Alkhatib

Huda Alkhatib is a consciousness coach and holistic healing practitioner based in Amman, Jordan. Following a decade-long career in marketing and advertising, she embarked on a profound personal and professional transformation, dedicating her work to guiding others on their healing journeys. Alkhatib specializes in trauma release and inner child healing, focusing on the deep-seated programs of the subconscious mind and their impact on an individual's life. Her practice integrates several certified modalities to offer a comprehensive approach to wellness. She is a certified ThetaHealing® practitioner and instructor, utilizing this meditation technique to address limiting beliefs. As a Somatic Therapist, she helps clients release trauma stored within the body. Furthermore, Alkhatib is a certified Family Constellations facilitator, a method used to uncover and resolve hidden family dynamics. Through one-on-one sessions, workshops, and courses offered both in-person and online, she empowers individuals to achieve self-healing and spiritual growth.

Achievements of Huda Alkhatib

Huda Alkhatib founded the "Heal with Huda" platform, establishing it as a key resource for holistic healing in Jordan and the wider Arabic-speaking region. Through this platform, she delivers specialized courses and workshops in modalities like ThetaHealing® and Somatic Therapy, successfully building an engaged community focused on personal and spiritual development. She has earned multiple international certifications in advanced therapeutic techniques. Notably, she is a certified ThetaHealing® practitioner and instructor accredited by the ThetaHealing Institute of Knowledge (THInK®). Alkhatib is also a certified Family Constellations facilitator and a Somatic Therapist, qualifications that enable her to provide a unique, integrated healing approach that addresses the psychological, physical, and spiritual dimensions of well-being.

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