



Kamilia Tawfik

Clinical Pharmacist and University Lecturer

Egyptian - Egypt

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Who is Kamilia Tawfik

Dr. Kamilia Tawfik is a distinguished Egyptian clinical pharmacist and a Lecturer at the Faculty of Pharmacy at Misr International University (MIU). She combines academic expertise with a passion for public health education, establishing the social media initiative "GlowWell with Dr Kamilia" to deliver reliable, simplified scientific content on nutrition, pharmaceuticals, and healthy lifestyles to a broad audience. Her career began as a Medical Representative at AstraZeneca before transitioning into academia as a Teaching Assistant at Modern University for Technology and Information (MTI). She later pursued her postgraduate studies in the United States, working as a Research Assistant at the University of Utah. After earning her doctorate, she returned to Egypt to join the faculty at MIU, where she is involved in educating and training the next generation of pharmacists while continuing her influential work in digital health communication.

Achievements of Kamilia Tawfik

Dr. Kamilia Tawfik earned the distinction of Board Certified Pharmacotherapy Specialist (BCPS) from the Board of Pharmacy Specialties (BPS). This prestigious certification recognizes a high level of expertise and knowledge in the field of clinical pharmacy. She successfully founded the health awareness platform "GlowWell with Dr Kamilia" across social media channels. Through this platform, she simplifies complex medical and pharmaceutical information, offering practical advice on nutrition and medication use, establishing herself as a trusted source for thousands of followers seeking to improve their health.

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