



Karim Radwan

Clinical Nutritionist and Founder of The Diet Masters

Egyptian - Egypt

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Who is Karim Radwan

Karim Radwan is an Egyptian clinical nutritionist and the founder of the educational platform "The Diet Masters." He gained prominence through his YouTube channel, "feal3dm" (In the Bone), where he shares specialized content on healthy nutrition, weight loss systems, and healthy lifestyles in a simplified, scientific manner. His career was inspired by his personal journey, successfully losing weight from a starting point of 140 kilograms, which motivated him to deepen his studies in nutrition to help others achieve their health goals. Karim founded "The Diet Masters" with the mission to empower individuals and professionals in the Middle East by offering certified educational courses and programs in nutrition. The platform focuses on equipping trainees with the necessary knowledge to pass exams and obtain international certifications. Through his digital content and private clinic, Karim provides personalized consultations and programs for his followers, combining his academic background with practical experience to offer effective and sustainable solutions.

Achievements of Karim Radwan

Karim Radwan founded the YouTube channel "feal3dm," which has become one of the most prominent Arabic-language channels specializing in nutrition. The channel provides simplified scientific information on weight loss, muscle building, and general health, successfully building a large community of followers interested in adopting a healthy lifestyle. He launched "The Diet Masters," an educational platform aimed at qualifying certified nutrition experts in the Middle East. The platform offers specialized courses that prepare trainees to obtain accredited international certifications, thereby helping to raise the level of awareness and knowledge in the nutrition field in the region. Drawing from his successful personal journey of significant weight loss, Karim Radwan has become a source of inspiration for thousands of his followers. He uses his story as a powerful motivator to encourage others, emphasizing that change is possible through knowledge and commitment.

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