



Khadijeh Alkhaled

Registered Holistic Nutritionist & Entrepreneur

Syrian - Canada

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Who is Khadijeh Alkhaled

Khadijeh Alkhaled is a Syrian Registered Holistic Nutritionist (RHN) and entrepreneur based in Ontario, Canada. She graduated from the Canadian School of Natural Nutrition (CSNN) in 2022 and established her private practice in May of the same year. Khadijeh's work is inspired by her personal journey of overcoming complex health issues, including severe acne, digestive problems, and hormonal imbalances, which led her to adopt a holistic approach that connects food, body, and soul. Through her platform, "Holistic with Khadijeh," she offers one-on-one consultations, customized meal plans, and group workshops. Her practice focuses on empowering women to understand their bodies and achieve sustainable health balance through lifestyle and nutritional adjustments. Khadijeh provides educational content in both Arabic and English across her social media channels and website, aiming to help clients naturally restore their vitality and well-being.

Achievements of Khadijeh Alkhaled

Khadijeh Alkhaled successfully founded her private holistic nutrition practice in May 2022, shortly after her graduation. She has built a personal brand online, offering specialized programs such as her "6-Month Holistic Wellness Program" to guide women in addressing chronic health issues. She has developed a unique methodology that integrates nutritional science with self-awareness, delivering her content bilingually in Arabic and English to reach a global audience. Through her digital platforms, she has cultivated a community focused on natural health and sustainable wellness.

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