



## Lamia Tatari

Lamia Tatari - Certified Life Coach & Family Mediator

Syrian - Canada

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## Who is Lamia Tatari

Lamia Tatari is a certified life coach, family mediator, and parent educator specializing in empowering individuals and families by integrating faith-based principles with modern psychology. She is the founder of Luminur Coaching, a platform whose name reflects her multicultural vision by blending the French "Lumière" and the Arabic "Nur," both meaning "light." Of Syrian heritage, Tatari was born in Spain, raised in Morocco, and currently resides in Canada, giving her a profound understanding of the challenges faced by expatriate families. She is fluent in Arabic, English, and French. Her professional journey began after her eldest son was diagnosed with autism, which motivated her to study psychology to provide him with the best possible support. This personal commitment evolved into a professional mission to help couples, teenagers, and families navigate their own mental health challenges. In April 2020, she launched her public platform to offer one-on-one coaching, workshops, and digital resources. Her methodology focuses on strengthening family dynamics, providing tailored strategies for challenges like ADHD and autism, and helping clients achieve personal and familial growth.

## Achievements of Lamia Tatari

Lamia Tatari founded Luminur Coaching, an international coaching platform offering services in Arabic, English, and French. The platform has successfully guided hundreds of clients in strengthening their relationships and achieving positive life transformations through its unique approach blending faith-based values with psychology. She has developed specialized coaching programs to support families navigating the unique challenges of autism and ADHD. This initiative stemmed from her personal experience and has become a core part of her practice, providing tailored, practical strategies and tools for these specific circumstances. Tatari has built an influential presence as a speaker and expert on family relations, appearing on numerous podcasts and online discussions. She addresses critical topics such as the challenges of marriage abroad, mental health from a faith-based perspective, and positive parenting, establishing herself as a trusted voice in her community.

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