



Lina AlZibdeh

Chef, Author, and Culinary Consultant

Jordanian - Jordan

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Who is Lina AlZibdeh

Lina AlZibdeh is a renowned Jordanian chef and culinary consultant who has carved a niche for herself by infusing modern creativity into traditional Jordanian cuisine. Before embarking on her culinary journey, AlZibdeh worked in the banking sector. However, her profound passion for cooking prompted a significant career change. She began by sharing her recipes online, quickly gaining a substantial following for her distinctive style that blends authentic Arab flavors with global culinary techniques. AlZibdeh is particularly famous for her innovative use of traditional ingredients, most notably "Jameed," which she has incorporated into unconventional recipes like cookies and waffles. This bold approach sparked considerable debate about the boundaries of culinary innovation within heritage cuisine and led to significant controversy, including threats. This very controversy, however, highlighted her courage and willingness to challenge culinary norms, ultimately cementing her status as an influential figure in the food scene. In addition to her strong social media presence, Lina AlZibdeh is a familiar face on television, frequently appearing as a guest chef on popular cooking shows on Amman TV, such as "Bahar w Nar" and "Sohhtain w Hana," where she shares diverse recipes that inspire both home cooks and professional chefs.

Achievements of Lina AlZibdeh

Chef Lina AlZibdeh has made a significant impact on modern Jordanian cuisine by reimagining traditional recipes. Her innovative creations, such as "Jameed Cookies" and "Mansaf Waffles," sparked a widespread public debate, opening a national conversation about modernizing culinary heritage and significantly boosting her profile. Lina AlZibdeh is a prominent and regular guest on leading Jordanian cooking shows. Her consistent appearances on programs like "Bahar w Nar" and "Sohhtain w Hana" on Amman TV have established her as a credible and popular culinary personality, where she presents recipes that skillfully blend tradition with creativity.

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