



Marwa El Shafae

Chef and Culinary TV Host

1982 - Egyptian - Egypt

[Read More](#)

Who is Marwa El Shafae

Marwa El Shafae is a prominent Egyptian chef and television host, widely regarded as one of the most influential figures in home cooking in Egypt. Born in 1982, she graduated from the Faculty of Commerce, English section. Her culinary career began unconventionally; as a stay-at-home mother to three daughters, her desire to provide them with healthy, delicious alternatives to fast food motivated her to teach herself and refine her cooking skills using online resources. El Shafae's journey to fame started by sharing step-by-step photo recipes with friends on Facebook. Her approachable style quickly gained a large following, leading her to launch her popular page, "Cook & Eat Fel Baet," in 2015. Her social media success paved the way for television appearances, starting with a cooking segment on the show "Set El Hassan." In 2018, she began hosting her own program, "Akla Beety" (A Home-cooked Meal), on Al-Nahar TV, which focuses on simplifying recipes and encouraging mothers to prepare healthy, homemade meals. She currently resides in Cairo, Egypt.

Achievements of Marwa El Shafae

Marwa El Shafae successfully built a powerful online culinary brand, starting with her Facebook page "Cook & Eat Fel Baet." The page rapidly attracted millions of followers, establishing it as one of Egypt's largest cooking platforms and leading to a strong presence on YouTube and Instagram as well. She transitioned her digital success into a mainstream media career, launching her own daily television show, "Akla Beety," on Al-Nahar TV in 2018. The program focuses on accessible and creative home-style recipes and has achieved widespread popularity among Egyptian and Arab audiences. In 2019, her show "Akla Beety" won the award for Best Cooking Program. This accolade recognized her impactful, useful content and her ability to connect with her audience in a simple and engaging manner.

[Read More](#)