



Maysoon Alnashash

Occupational Therapist & Founder of Tefly Platform

Jordanian - United Arab Emirates

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Who is Maysoon Alnashash

Maysoon Alnashash is a Jordanian Occupational Therapist with over 13 years of experience in pediatric rehabilitation, specializing in Autism Spectrum Disorder (ASD) and sensory integration. After graduating from the University of Jordan in 2013, she began her career at the Al Hussain Society for Inclusion and Training in Amman, where she spent five years delivering therapy programs for children with developmental delays. In 2018, she moved to the United Arab Emirates to work as an Occupational Therapy Specialist at the Zayed Higher Organization for People of Determination in Abu Dhabi. Alongside her clinical work, Maysoon has emerged as an influential content creator in the fields of parenting and mental health, sharing her expertise and strategies with parents and professionals on social media. She is the founder of the "Tefly" platform and offers online individual and group consultations, as well as specialized masterclasses like "Mama Efhamini Sah" (Mama, Understand Me Correctly), which focuses on understanding children's behavior through a sensory integration lens. Her therapeutic approach is holistic and play-based, integrating sensory and behavioral strategies to enhance children's functional independence and emotional growth.

Achievements of Maysoon Alnashash

Maysoon Alnashash founded the "Tefly" digital platform, which provides specialized online consultations and training courses for parents and educators. The platform aims to equip them with the necessary tools and strategies to support child development, particularly for those facing sensory or developmental challenges. She developed and delivered the "Mama Efhamini Sah" masterclass, a specialized training program designed to empower mothers to understand their children's behaviors from a sensory integration perspective. The program provides participants with practical support plans and applicable tools to improve interaction with their children in a supportive environment. Since 2018, she has served as an Occupational Therapy Specialist at the Zayed Higher Organization for People of Determination in Abu Dhabi, a leading government entity in the UAE for the care and rehabilitation of individuals with special needs. In her role, she has contributed to designing and implementing individual therapy plans for hundreds of children, focusing on Autism Spectrum Disorder and sensory integration.

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