



Mirna El Khalil

Certified Relationship & Personal Development Coach

Lebanese - Lebanon

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Who is Mirna El Khalil

Mirna El Khalil is a Lebanese relationship and personal development coach, credentialed as a Professional Certified Coach (PCC) by the International Coaching Federation (ICF). Her expertise is built on a rich, two-decade career in the education sector, where she progressed through roles as a teacher, coordinator, and ultimately, Head of the Elementary Section. This extensive practical background, supported by a Master's degree in Educational Management from the Lebanese American University (LAU) in 2005, has provided her with a profound understanding of human dynamics and developmental stages. Transitioning from education, Mirna specialized in coaching with a primary focus on empowering women to build healthy, conscious relationships. She has developed her own methodology for healing relationships from the inside out, conducting hundreds of individual sessions with women from various countries to help them shift from turbulent dynamics to balanced, stable connections. Her core topics include understanding feminine and masculine energy, improving communication, and building self-confidence. In addition to one-on-one coaching, Mirna facilitates specialized workshops like "The Art of Feminine Energy" and "Beyond Intimacy," and also trains and certifies new relationship coaches according to ICF standards.

Achievements of Mirna El Khalil

Mirna El Khalil holds the Professional Certified Coach (PCC) credential from the International Coaching Federation (ICF), the second-highest level of certification awarded. This distinction signifies extensive experience and an advanced standard of practice, underscoring her commitment to the highest levels of competence and ethics in the global coaching industry. Leveraging her expertise, Mirna has become a recurring guest expert on various television and talk shows on channels such as Aljadeed TV and LTV Plus. She shares her insights on family and romantic relationships, effective communication, and women's empowerment, which has broadened her impact and established her as a trusted authority in her field in Lebanon and the region. Mirna has founded and developed her own comprehensive training programs, such as the "Beyond Intimacy" workshop, part of her 'Relationships Refined' series. These programs are designed to provide individuals and couples with practical tools to deepen their connection and build lasting relationships. She also contributes to the growth of the coaching community by certifying new coaches, passing on her experience and methodology to a new generation of professionals.

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