



Moath Alwedian

Clinical Dietitian and Founder of Moath Alwedian Nutrition Center

Jordanian - Jordan

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Who is Moath Alwedian

Moath Alwedian is a prominent Jordanian clinical dietitian and influential health content creator. A graduate of The University of Jordan, he gained valuable practical experience as a dietitian at Jordan Hospital, one of the country's leading medical institutions. Driven by a passion for helping others achieve their health goals, he founded his own private practice, the "Moath Alwedian Nutrition Center." His professional focus is on designing specialized therapeutic nutritional programs to manage and treat metabolic-related conditions such as diabetes, insulin resistance, and obesity. Through his social media platforms, Moath provides simplified, science-based content on proper nutrition, debunks common myths, and shares practical tips for a healthy lifestyle. He has cultivated a large following that seeks his expertise in weight loss, muscle gain, sports nutrition, and pediatric nutrition, establishing him as a trusted authority in his field.

Achievements of Moath Alwedian

Moath Alwedian successfully established his private clinic, "Moath Alwedian Nutrition Center," which has become a recognized destination for individuals seeking specialized therapeutic nutrition plans and consultations. The center caters to a wide range of needs, from chronic disease management to athletic performance enhancement. He has built a strong and influential digital presence across multiple platforms, including Instagram and TikTok, where he delivers educational content aimed at raising health awareness and correcting nutritional misconceptions. This presence significantly contributes to the widespread dissemination of sound nutritional knowledge throughout the Arab world.

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