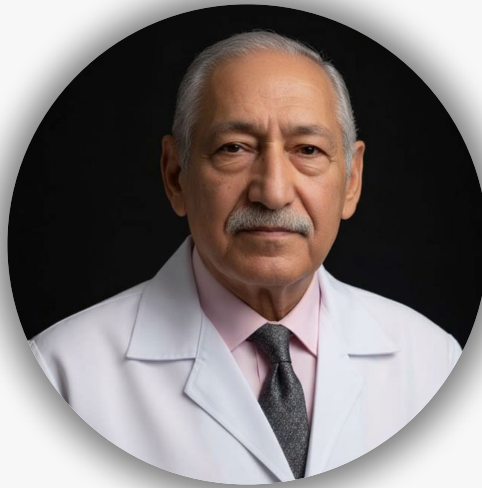




Mohamed Rabie

Clinical Nutrition Specialist

Egyptian - Kuwait

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Who is Mohamed Rabie

Mohamed Rabie is an Egyptian clinical nutrition specialist currently based in Kuwait. He provides expert nutritional consultations and lifestyle guidance, helping individuals achieve healthier living. Mohamed Rabie is recognized for designing balanced nutrition programs that address public health challenges such as obesity and chronic diseases, and is dedicated to raising nutrition awareness across diverse communities. He is committed to translating scientific knowledge into practical, everyday advice. Mohamed Rabie offers specialized services including dietary analysis and customized plans for weight management and health improvement. He leverages the latest scientific research in nutrition to deliver evidence-based recommendations, and has developed nutrition programs focused on promoting public health and preventing chronic illness. These programs empower people to understand the importance of balanced nutrition as a foundation for overall well-being. Mohamed Rabie maintains an active presence on social media, engaging his audience with educational content on healthy eating. He regularly shares accessible articles and nutrition tips that highlight the benefits of natural foods and the risks of excessive processed food consumption. He frequently answers followers' questions, encouraging them to adopt healthy eating habits as the cornerstone of a balanced lifestyle. This ongoing interaction helps foster greater awareness of the critical role nutrition plays in public health.

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