



Nawaf Al-Otaibi

Consultant Plastic & Reconstructive Surgeon

Saudi - Saudi Arabia

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Who is Nawaf Al-Otaibi

Dr. Nawaf Al-Otaibi is a distinguished Saudi consultant specializing in plastic and reconstructive surgery based in Riyadh. He serves as a Consultant in the Plastic Surgery department at King Abdullah bin Abdulaziz University Hospital. Dr. Al-Otaibi is recognized for his extensive expertise in both reconstructive and aesthetic surgical procedures. He is dedicated to public education, utilizing his social media platforms to demystify complex topics such as the theories of fat graft survival, the distinction between reconstructive and cosmetic surgery, and the latest technological advancements in the field. Dr. Al-Otaibi is noted for his communicative approach, aimed at correcting common misconceptions about plastic surgery. In a notable appearance on the 'Masiyan' podcast, he provided an in-depth discussion on the history of plastic surgery, evolving beauty standards, and the critical importance of setting realistic patient expectations. He also addressed the significant growth of the cosmetic medicine market in Saudi Arabia, emphasizing the paramount importance of safety and professional ethics. His practice combines scientific precision with an artistic understanding of aesthetics, establishing him as a trusted authority for patients and peers.

Achievements of Nawaf Al-Otaibi

Dr. Nawaf Al-Otaibi is an active contributor to public medical education in the field of plastic surgery through various media appearances. He was a featured guest on the 'Masiyan' podcast, where he engaged in a detailed discussion on the medical and philosophical aspects of beauty standards and the differences between reconstructive and cosmetic surgeries, enriching Arabic-language content on the topic. He also makes regular television appearances, such as on the show 'Yalla Clinic,' to speak on specialized subjects like cosmetic facial surgeries. Through these platforms, Dr. Al-Otaibi simplifies complex medical information for the public, corrects common misconceptions about cosmetic procedures, and promotes a culture of informed medical knowledge.

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