



Ohood Alqaisy

Awareness & Energy Healing Coach

Iraqi - United Arab Emirates

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Who is Ohood Alqaisy

Ohood Alqaisy is an Iraqi awareness and energy healing coach based in Dubai, United Arab Emirates. She specializes in guiding individuals toward emotional healing and spiritual growth through one-on-one sessions and training courses. Her digital content focuses on concepts of self-awareness, trauma release, and emotional detachment techniques, offering practical guidance for applying these principles in daily life. Ohood utilizes her social media platforms, including Instagram and TikTok, to share short videos and interactive content providing advice on psychological balance and energy healing. She offers specialized therapeutic sessions aimed at addressing emotional and psychological issues, helping her clients release limiting beliefs and negative patterns to achieve inner peace and harmony in their lives.

Achievements of Ohood Alqaisy

Ohood Alqaisy has developed a strong personal brand as an awareness and healing coach in the digital space. She has successfully built a community and following across multiple platforms, where she delivers specialized content on energy healing and emotional detachment. She offers specialized programs and sessions, most notably "Detachment Sessions" (Jalsat Fak Al-Ta'aluq) and "Energy Healing Sessions" (Jalsat Al-Tashafi Al-Taqi). These programs are designed to help individuals overcome emotional trauma and achieve psychological balance, serving as cornerstones of her therapeutic methodology and gaining her recognition in her field.

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