



Racha Mechta

Awareness Coach, Author, and Founder of Faracha Holistic Center

Algerian - Algeria

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Who is Racha Mechta

Racha Mechta is an Algerian awareness coach, certified energy healer, author, and the founder of Faracha Holistic Center. She dedicates her professional career to guiding women on journeys of healing, liberation, and self-discovery, having assisted hundreds in reclaiming their inner strength. Her approach integrates concepts of consciousness, energy healing, and universal laws to provide a deeper understanding of life. Through her official website, Mechta offers a range of training programs and courses designed to equip participants with practical tools for genuine life transformation. Notable programs include "THE NEW ME," which focuses on building a personal strategy to achieve manifestation, and "LE MAESTRO," specializing in relationship awareness. She also provides other courses such as "Forgiveness Course" and "Energy Clearing and Liberation." Her work extends to authorship with her book, "The Path to Your True Self" (Al Masar Nahw Thatika Al Haqiqia).

Achievements of Racha Mechta

Racha Mechta founded the Faracha Holistic Center, a specialized platform offering training programs and healing sessions aimed at empowering women and helping them achieve balance and healing. The center provides various courses focusing on consciousness development and energy therapy. She authored the book "The Path to Your True Self" (Al Masar Nahw Thatika Al Haqiqia), a work dedicated to human development and self-awareness. Mechta has promoted her book at significant cultural events, including a presentation at the Algiers International Book Fair (SILA) in 2023, showcasing her ideas to a wider audience. Mechta has developed and delivered several popular digital training programs, including "THE NEW ME," "LE MAESTRO," and "reconnect." These programs provide women across the Arab world with practical tools to transform their realities and improve their quality of life.

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