



Raneem Taljabini

Food Engineer & Clinical Dietitian

Syrian - Turkey

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Who is Raneem Taljabini

Raneem Taljabini is a Syrian Food Engineer and Clinical Dietitian, currently based in Istanbul, Turkey. She is the founder of Healthi Techs, an online platform dedicated to providing health services and nutritional consultations. Combining her dual expertise in food engineering and clinical nutrition, she offers integrated health solutions to a global clientele. A graduate of Al-Baath University, Taljabini specializes in helping clients achieve their health goals through personalized nutrition programs tailored to their individual needs and medical conditions. Through her platform, Healthi Techs, Raneem leverages technology to deliver remote consultations and continuous support to her clients worldwide. Her digital content focuses on simplifying complex nutritional concepts, offering practical advice on healthy eating, weight management, and managing nutrition-related health issues such as insulin resistance, diabetes, and digestive disorders. She regularly shares healthy recipes and evidence-based information across her social media channels, aiming to raise awareness and empower individuals to make better dietary choices.

Achievements of Raneem Taljabini

Raneem Taljabini founded the online platform Healthi Techs, an initiative designed to make specialized nutritional counseling accessible to Arabic speakers globally. The platform offers a range of services, including personalized nutrition plans and online follow-ups, using technology to overcome geographical barriers and provide health support to a wider community. She has successfully built an influential digital presence on platforms like Instagram and TikTok, where she provides educational content on clinical nutrition and healthy lifestyles. Through her videos and posts, she simplifies scientific information into an easy-to-understand format, significantly contributing to the health awareness of thousands of her followers.

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