



Reem Elsewesy

Life & Relationship Coach

Egyptian - United Kingdom

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Who is Reem Elsewesy

Reem Elsewesy is an Egyptian life and relationship coach and content creator based in London, United Kingdom. She has gained significant recognition on social media for her realistic and bold approach to discussing social issues and relationship challenges. Her content primarily focuses on providing practical advice to couples, particularly those in the early stages of marriage. Inspired by her own experiences, she created a dedicated series titled "Sana Oula Gawaz" (First Year of Marriage) to help newlyweds navigate common difficulties. Elsewesy distinguishes her role as a life coach from that of a psychologist, positioning herself as a supportive guide who helps individuals unlock their potential and identify obstacles through non-judgmental dialogue. Through one-on-one online coaching sessions, she leverages her personal life experiences, including moving countries and raising children, combined with her academic background and professional certifications. She is a proponent of continuous learning, committing to reading two books a week to constantly enhance her knowledge and apply new techniques in her coaching practice.

Achievements of Reem Elsewesy

Reem Elsewesy has made a significant positive impact through her coaching. One of her most notable public achievements was successfully helping a divorced couple reconcile and reunite after undergoing coaching sessions with her, an accomplishment she values as a true impact beyond social media fame. She founded "Coaching with Reem," an online platform offering various coaching programs, including three-session packages and intensive ten-week programs. These structured plans are designed to help clients create clear action plans for their personal and professional goals, providing ongoing email and phone support between sessions. Elsewesy has been featured in several television interviews on prominent Egyptian channels such as dmc and Hya TV, appearing on talk shows like "Set Setat" and "Trend Talk." These media appearances have broadened her reach and solidified her status as an influential voice in the fields of relationships and family wellness.

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