



Samiha Al-Kouatly

Samiha Al-Kouatly - Life Coach & NLP Master Practitioner

Lebanese - Lebanon

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Who is Samiha Al-Kouatly

Samiha Al-Kouatly is a certified Lebanese Life Coach and NLP Master Practitioner specializing in mental health and self-development. She focuses on empowering individuals to unlock their full potential by fostering a deeper self-understanding and overcoming limiting beliefs. Leveraging her expertise in Neuro-Linguistic Programming (NLP), Samiha helps clients reprogram their subconscious minds, enhance self-confidence, and develop emotional intelligence. She offers online one-on-one coaching sessions and actively shares educational and motivational content across her social media platforms, including Instagram, TikTok, and YouTube. Her content addresses diverse topics such as overcoming psychological challenges, building healthy relationships, and achieving life balance, establishing her as a go-to resource for those seeking to improve their quality of life.

Achievements of Samiha Al-Kouatly

Samiha Al-Kouatly has built an influential digital presence across multiple platforms, offering specialized content in mental health and self-development in Arabic. Through her YouTube channel, Instagram, and TikTok pages, she has successfully cultivated a community of followers who benefit from her practical advice and NLP techniques to improve their daily lives. Samiha earned the designation of Certified NLP Master Practitioner, which represents an advanced level of expertise in the field. This certification enables her to apply in-depth techniques to help her clients achieve positive and sustainable behavioral and cognitive transformations.

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