



Seif Hanno

Pharmacist, Certified Health Coach & Actor

1989-09-30 - Egyptian - Egypt

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Who is Seif Hanno

Seif Hanno is a multi-talented Egyptian professional who has built a diverse career spanning pharmacy, fitness, content creation, and acting. He graduated from Misr International University in 2013 with a Bachelor's degree in Pharmaceutical Sciences. Following his graduation, he entered the healthcare industry, working as a Medical Representative for multinational pharmaceutical companies AstraZeneca and Organon, where he built a solid foundation in the medical field. Driven by a passion for wellness, Hanno expanded his expertise into fitness, becoming a Certified Personal Trainer through the International Sports Sciences Association (ISSA) in 2019. He leverages his social media platforms, including YouTube and Instagram, to share motivational and educational content focused on physical and mental health, proper nutrition, and exercise. He also offers online coaching and courses through his personal Teachable platform, positioning himself as a knowledgeable health coach. In addition to his health and wellness pursuits, Seif Hanno has cultivated a successful acting career. He has appeared in several notable Egyptian television series and films, showcasing his versatility. His acting credits include roles in popular series such as "The First Lady" (2014), "Ekhtefa'a" (2018), and "Zay El-Shams" (2019), demonstrating his ability to balance and excel in multiple professional fields.

Achievements of Seif Hanno

Seif Hanno is a Certified Personal Trainer, having earned his credential from the International Sports Sciences Association (ISSA). This globally recognized certification validates his expertise in fitness training and has enabled him to launch his own online coaching programs and provide specialized health and fitness consultations. In the entertainment industry, Hanno has established himself as an actor with roles in several popular Egyptian productions. He was part of the cast for the television series "The First Lady" in 2014 and later appeared in the acclaimed series "Ekhtefa'a" in 2018. He also featured in the successful 2019 series "Zay El-Shams," which solidified his presence in the Egyptian acting scene.

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