



Yara Alhasibi

Clinical Nutrition Specialist & Thought Leader

Emirati - United Arab Emirates

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Who is Yara Alhasibi

Yara Alhasibi is a pioneering Emirati clinical nutrition specialist recognized for blending hands-on expertise with a visionary approach to empowering healthcare professionals. As the founder of 'Yara Platform - Dietician Yara,' the first dedicated Arabic platform supporting and training nutrition students and graduates both academically and professionally, Yara has become a leading voice in the field. Her mission is to bridge the gap between academic study and the job market, guiding emerging nutritionists on their journey 'from graduation to clinic.' Yara's professional philosophy centers on evidence-based therapeutic nutrition, with a strong focus on developing practical tools for both individuals and practitioners. Through her platform, she delivers comprehensive training programs and clear roadmaps for building consulting skills and managing nutrition clinics. Her approach is defined by scientific rigor and practical simplicity, empowering clients to understand their bodies and achieve their health goals with flexible, tailored nutrition plans that fit modern lifestyles. Driven by ambition and a dynamic presence, Yara Alhasibi has become an inspiring role model for the next generation of nutrition professionals across the Arab world. Her influence extends through social media and educational digital content, where she shares expertise in clinical nutrition, professional development, and the latest advancements in food science. Yara's passion for lifelong learning and commitment to raising industry standards have cemented her reputation as a qualified specialist and entrepreneurial leader, making a meaningful impact on building a healthier, more informed community.

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